

WE'RE DOING OUR PART TO SAVE ANTIBIOTICS

What does this mean for you?

OUR CAFÉS ARE COMMITTED TO SERVING SUSTAINABLE CHICKEN

Why is Inova Health System partnering with Morrison Healthcare to remove antibiotics from the chicken breast that it serves in our hospitals?

- Antibiotic overuse in animals contributes to antibiotic resistant infections in humans.
- By serving chicken breast raised without routine use of antibiotics, we are keeping antibiotics working in humans.

What changes will I see in the café?

- Our cafés are committed to serving chicken breast raised without the use of antibiotics.
- Look for signs throughout the café informing you of chicken raised with “No Antibiotics Ever.”

WHAT'S THE STORY BEHIND MEAT AND ANTIBIOTICS?

Why are antibiotics used in farming?

- When raising livestock, poultry and seafood, antibiotics are commonly given to promote rapid weight gain and prevent infection, even when animals are not sick. Use of antibiotics as a preventative measure is often needed due to crowded animal living quarters.

How is Inova Health System reducing unnecessary antibiotics in our food supply?

- By only serving chicken breast that has been raised with No Antibiotics Ever, we are decreasing the risk of antibiotic-resistance.
- It is still important to treat animals with antibiotics when they are sick, but it is better for human health and the welfare of animals to raise them without routine or excessive use.

BUILDING HEALTHIER COMMUNITIES THROUGH HEALTHY, SUSTAINABLE FOOD CHOICES

When shopping for sustainable meats and seafood, what do I look for?

- Choose meats in the grocery store that have these label claims:
 - Raised without Antibiotics
 - No Antibiotics Administered
 - No Antibiotics Ever (NAE)
 - USDA Process-Verified Claim “Never Ever 3”
 - Global Animal Partnership
 - Animal Welfare Approved
 - American Grassfed Certified
 - Certified Humane Raised and Handled

What certifications should I look for when shopping for sustainable seafood?

- Marine Stewardship Council
- Aquaculture Stewardship Council
- Monterey Bay Aquarium Seafood Watch – select seafood with ratings of Best Choices or Good Alternatives.

References:

1. Center for Disease Control and Prevention. Antibiotic Resistance Threats in the United States, 2013. Accessed November 24, 2015 from <http://www.cdc.gov/drugresistance/pdf/ar-threats-2013-508.pdf>

2. Keep Antibiotics Working, The Campaign to End Antibiotic Overuse. Significant Science on Antibiotic Resistance: An annotated bibliography. Accessed on November 24, 2015 from <http://static1.squarespace.com/static/5519650ce4b01b71131cb5f9/t/552dc780e4b039b3a33bb115/1429063552113/KAW+Annotated+Bibliography.pdf>

3. Health Care Without Harm. Health Care's Commitment to Sustainable Meat Procurement: Four Case Reports http://noharm.org/lib/downloads/food/HC_Commitment_Sustainable_Meat_Procurement.pdf

